

# APRIL 2025

## Activities Calendar



**Center of Hope™**  
at Emmett Reed  
CenterofHopeFL.org



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### FEATURED EVENT



For parents in the 32209 community

Celebrate the joys and navigate the challenges of early motherhood with others in your community. Join our nurturing and supportive sessions for mommies and babies, newborn to 5 years old. Share experiences, get valuable insights, and build lasting friendships in this safe and inclusive space.

#### Play and Learn

##### First Tuesday of the month

Breakfast snacks included

- Interactive play
- Parenting know-how (diapering, swaddling, bathing)
- Diaper distribution

#### Meet the Baby Experts

##### Third Tuesday of the month

Dinner and childcare included

- Postpartum and self-care
- Infant safety
- Breastfeeding and meal preparation
- Baby showers
- Diaper distribution

Please RSVP: 904.238.6252

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>Mommy &amp; Baby: Play and Learn</b> 1 10–11 am <b>Diaper Distribution</b> 10–11:30 am <b>Yoga for Change</b> 6–7 pm	<b>Parent Café</b> 2 6–8 pm	<b>Vista Landing Parent Café</b> 3 1–2:30 pm <b>Heavenly Angels Parent Café</b> 6–8 pm <b>Dad Café</b> 6–8 pm	4	5
7	<b>Yoga for Change</b> 8 6–7 pm	<b>Parent Café</b> 9 6–8 pm	<b>Vista Landing Parent Café</b> 10 1–2:30 pm <b>Heavenly Angels Youth Engagement Café</b> 6–8 pm	<b>Partners Meeting</b> 11 10 am–Noon	12
14	<b>Mommy &amp; Baby: Meet Baby Experts</b> 15 10 am–Noon <b>Diaper Distribution</b> 10–11:30 am <b>Yoga for Change</b> 6–7 pm <b>Community Garden Training</b> 6–8 pm	<b>Parent Café</b> 16 6–8 pm	<b>Vista Landing Parent Café</b> 17 1–2:30 pm <b>Heavenly Angels Parent Café</b> 6–8 pm	18	<b>Family Garden Day</b> 19 10 am–2 pm <b>Neighborhood Blitz (Preacher in Action)</b> 12–2 pm
<b>Dad Café</b> 6–8 pm	<b>Parent Advisory Council</b> 22 5–6:30 pm <b>Yoga for Change</b> 6–7 pm	<b>Parent Café</b> 23 6–8 pm <b>Diaper Distribution</b> 6–8 pm	<b>Vista Landing Parent Café</b> 24 1–2:30 pm <b>Heavenly Angels Youth Engagement Café</b> 6–8 pm	25	<b>Farm Share Community Outreach Team (Food Drive)</b> 26 10 am–2 pm
<b>Dad Café</b> 6–8 pm	<b>Yoga for Change</b> 29 6–7 pm	<b>Parent Café</b> 30 6–8 pm			

**Center of Hope at Emmett Reed**

1093 W. 6th Street  
Jacksonville, FL 32209

Monday – Friday: 9 a.m. – 5 p.m.

**Heavenly Angels Learning Center**

2318 W. 13th Street  
Jacksonville, FL 32209

**Community Neighborhood Blitz (Preacher In Action)**

3405 Moncrief Rd.  
Jacksonville, FL 32209

**Sponsored by Grace at Vista Landing**

5020 Cleveland Rd.  
Jacksonville, FL 32209

For more information, call 904.265.6787 • Visit CenterofhopeFL.org, or scan the QR code.

### Weekly Parent and Youth Activities

#### Parent Cafés

Parent support group that allows you to freely share the joys and challenges of parenting, while uplifting other parents.

#### Diaper Bank Distribution

Free diapers for 32209 residents. Please contact Veronica for more information, 904.238.9078.

### Community/Advocacy Opportunities

#### Parent Advisory Council

Your voice matters! Your suggestions and concerns as a parent living in the 32209 community are welcome.

#### COH 32209 Community Board

Please join 32209 neighbors, community members and parents to voice your input on matters impacting the 32209 community.